



GOAL ATTACK

Issue Two
Official E-News from Welsh Netball
February 2010

In this issue....

Area News
Elite Squad
Kate's Column
Q & A
We're Moving
Performance Matters
Contact Us

An opener from HQ



Hello from Welsh Netball!

The strategic plan for Welsh Netball will be presented to the Sports Council for Wales in July and having run a series of area consultative meetings before Christmas the plan will shortly start to take shape. Most of the issues members have raised will be covered but if there is any particular subject you'd like to see included please contact me.

Future plans, to coincide with the new strategy for the sport, include a revamp of the website and rebranding. We are also going to be working with a specialist company to develop a media plan to help raise the profile of netball in Wales, concentrating on the elite level through the international players and also at grass roots. Look out for all these in the coming months.

We're still working to ensure that we have an accurate members' database and I know that some of you didn't receive the first E-Zine which was sent out towards the end of 2009. It could be that we have an out of date email address or that you use multiple email addresses and we don't have the correct one. If you're receiving more than one copy please do contact Lyanne Fairclough to ensure that we have the right address for you.

Through the seven development officers we are proposing to do some 'survey work' over the coming months. We expect to be contacting all clubs to do some research on the subject of safeguarding and child protection. There is new legislation coming into place and we need to ensure that Welsh Netball is reacting positively and practically to that legislation. We are also undertaking the Equality Standards foundation level and part of the process of completing the foundation year is to do an audit, collecting some basic data from members to help us build a picture and to understand the profile of our membership. Watch out for that later in the year.

In this edition, we have Area news from Powys and Wrexham, as well as a piece featuring the Celtic Dragons' season launch in Caerphilly before Christmas. There are also regulars like Kate's Column, Q&A (this month with WNA Chair, Stephanie Hazlehurst) and Performance Matters. We hope you enjoy it. Next edition at the end of February!

Mike

Kate's Column

Second edition where Welsh Netball's Education & Events Co-Ordinator, Kate Donnelly, provides updates on what's going on.

Open and U21 Inter-Area - 23rd & 24th January

The 2010 Championships welcomed 7 areas, contributing 12 teams, to Deeside Leisure Centre, the first domestic event of 2010. Open 1 consisted of four teams, Open 2 had five teams and the Under-21s had a small, though highly competitive group, of three teams.

The weekend saw some fine performances within two highly competitive days: many of the games were goal for goal. The atmosphere was fantastic, with a high standard of umpiring throughout the competition

Open 1
Winners - Cardiff & District
Runners Up - Afan Nedd Tawe

Open 2
Winners - Afan Nedd Tawe
Runners Up - Cardiff & District

Under-21
Winners - Glamorgan Valleys
Runners Up - Cardiff & District

Congratulations to all of our winners and to all of those teams that competed in the Open and Under-21 Inter-Area Championships. A big 'thank you' to the coaches, umpires and team managers for all of their hard work over the weekend. A special thank you goes to Wendy Pressdee for being the Championship Referee, and I would also like to extend my own personal thanks to the volunteers that helped run the event, notably Helen MacLennan, Chole MacLennan, June Foster and Tina Cook and Merle Hamilton.

Area News

Each month we'll try to bring you some snippets from the Areas. When the website has been further developed we'll be able to set up some links from these taster stories to fuller background articles.

Powys

Players from the Radnor League teams at the 'Pink' Tournaments held at Llandrindod Sports Centre in December.



North East Wales - Wrexham

Yale College netball team recently took part in the Welsh Colleges netball tournament.

The team headed down to Swansea to compete against the likes of Bridgend.

Coaching Courses

Our first UKCC Level 2 course of the year is underway in North Wales, with a fantastic take-up. It's great to know that more coaches are upskilling and becoming 'Head Coaches': keep up the good work. Please note that our next UKCC Level 1 course will be in Llanelli on 10th/11th April and 9th May. The deadline for applications is on the 12th March.

If you need to contact me my email address is katedonnelly@welshnetball.com

or visit our website... www.welshnetball.com

Any Questions?

In our second in the series where we go behind the scenes to find out a little more about leading figures within Welsh Netball we introduce....

Name:

Stephanie Hazlehurst

Netball Role:

Chairman, Welsh Netball



How did you first become involved netball / WNA?

I played netball in secondary school as a GS or GK and represented the school and South Wales Schools.

A friend I knew from Girl Guides was a member of Newport Netball Club and encouraged me to join, which I did at the age of 15 and have been a member ever since. Whilst I loved being a player, I was always volunteering to help with the administration, which resulted in me becoming Fixture Secretary for the Club, which led to many administrative roles over 30 years or so for Netball & District Netball League, Gwent Netball, now both subsumed by SE Wales Netball Association.

During that time, I represented Gwent on the various WNA committees (Umpiring, High Performance, Executive) before I became a WNA Director in 1992. I was elected as WNA Chairman in May 2006.



A total of £175 was raised for Breast Cancer Research. There'll be a prize for the 'pinkest' team - to be announced at the League Presentation Evening later in the year.



Celtic Dragons in Powys

The Radnor Junior League Players and their Coaches were thrilled to have Celtic Dragons Players, Sara Hale, Carlie Ennis, Sammy Jo Williams and Kyra Neal at their games in December as part of promotion and publicity for the start of their Co-Operative Netball SuperLeague season.



The Celtic Dragons Players umpired the Dragon teams (u11's), assisted with the Red Kites Development session and led the warm up for the U16 and U14 league teams. The girls were also kept busy signing autographs, posing for photos and answering questions from the players.

Margaret Nuttall, Powys, NDO

Swansea, St David's, Neath, Gorseinon, Pembrokeshire, Coleg Menai and Sir Gar. Yale were in excellent form during the round robin competition and successfully came out on top with 1st place.

Yale will now represent the Welsh region at the British Colleges finals in April at Loughborough University.

Well done to Angela Jones (Yale College Coach) and her squad for their success and wish them the best of luck in the finals.



Squad: Helena Dunning, Kate Hopwood, Lauren Gallagher, Becca Harper, Bethan Nelson, Chelsea Foster, Tash Turner, Jess Williams, Hollie Broadhead and Jade Andrews.

Anneka O'Connor, Flintshire/Wrexham NDO



Caerphilly Hosts Dragons' Season Launch

The Celtic Dragons Netball team kindly donated their time and knowledge to help out fellow team member and 5x60 Officer for Caerphilly Council, Suzy Drane. The session at Caerphilly Leisure Centre attracted 70 pupils from six local primary schools and during the three-hour session they learned how to perfect their netball skills and as a special treat, received tickets for the second match of the season in Cardiff and a signed ball for each school.

The session also included the formal announcement of UWIC as Celtic Dragons sponsors for the 2009-10 Co-Operative

Goal shooter for the Dragons', Becky Neate said, "Participating in sessions like this gives the players an opportunity to interact with the community and to hopefully inspire the pupils to become the budding Celtic Dragons players of the future."

Councillor Phil Bevan, Cabinet member for Education and Leisure commented, "I think it is important to demonstrate that playing sport contributes to the development as well as being equally beneficial to the health and well-being of pupils. The Dragons' camaraderie is a shining example to the youth of Caerphilly. It was fantastic to

Where is your favourite holiday destination?

Anywhere where I can escape from everyday life, that's warm and sunny (with a shady retreat), with places to explore and a spa to be pampered in!

What do you enjoy doing in your spare time?

This is a tricky one as netball quite often fills my spare time one way or another!

I'm a keen gardener and can potter for hours, even in bad weather! I enjoy good food, good wine and good company, so whenever the opportunity arises I try and satisfy all 3!

What would be your ideal weekend?

Breakfast in bed, no shopping or errands to run, a walk in the countryside, dinner in a restaurant, a trip to a theatre or concert and spending some time with friends and family.

And yes, it would be a "netball-free" weekend!

You may not know this but..... (i.e. I can juggle!....)

In my younger days, I won a medal for ballroom dancing...what I would give to dance with Brendan Cole on "Strictly"!

What do you never leave home without?

I was about to say an obvious item, like my front door key... when I remembered a very wet and cold New Year's Eve in 2006 when I accidentally locked myself out...no house or car keys, no money, no phone, no jacket! But I guess that's the item I intend to never leave home without!

Books or films?

This is a difficult one...on balance I watch more films than I read books.

I love films that make me "laugh out loud" e.g. Home Alone, I hate sci-fi and any film with "blood and guts"! I particularly like Hugh Grant and Kevin Costner films (who wouldn't, but not necessarily in the same film!).

Typical day in your role would be....

As my role is a voluntary one, my "netball work" fits in and around my work and personal commitments, so no two days are the same.

Netball Superleague and Gilbert as official kit suppliers. There was a strong media interest in the event, which was encouraging.

Suzy who has played for the Dragons for four years, is hoping that the Dragons visit will encourage the pupils to actively participate in the sport that she has been so passionate about since the age of 10.

see so many people taking part. Hopefully, in the future with the help of Suzy and her colleagues, Caerphilly will once again participate through a competitive league".

Participating Schools:

Ysgol Gymraeg Gynradd Caerphilly, Rhydri Primary, Ysgol Y Castell, Ysgol Ifor Bach, Plasyfelin Primary and Cwrw Rawlin Primary.

Performance Matters

The Celtic Dragons are almost halfway through their season and their next fixture is the first of their four televised matches this season, against Glasgow Wildcats at the Welsh Institute of Sport. There is a lot of interest in the game and we are anticipating a sell-out, which is great news!

The players recently made an appearance at Ty Hafan, the children's hospice in Sully, which is our chosen Welsh charity for the year. We are hoping that the evening the girls spent at Ty Hafan will be part of Sky's coverage of the Dragons/Wildcats match. The programme goes out on the evening of 4th February.

Preparations are well underway for the two Netball Europe competitions in March. The Under-19s, coached by Laura Williams and Karen Baker and managed by Sue Trounce, will be in Loughborough on the weekend of March 12th-14th. That same weekend the Under-17s will have travelled to Belfast for their competition, the squad being coached by Emma Williams and Sarah Llewellyn, with Alice Watts as Team Manager. We wish both squads luck!!



We're moving!!!

After just over ten years in our premises on Cathedral Road in Cardiff, Welsh Netball will be on the move again in mid-February. On Wednesday 17th we will be moving into new offices at the **Welsh Institute of Sport in Cardiff**. It's not exactly the longest distance for us to go - only around the corner - but with WIS being the base for the Wales teams' and Celtic Dragons' training, it makes sense to be based just down the corridor and it will make life a lot easier when **preparing for training and events**.

The opportunity arose last year when the Sports Council for Wales invited governing bodies to consider taking up office space in WIS. They are keen to see more sports based there and Netball will not be the only sport moving in. At various stages Badminton, Squash, Gymnastics and Hockey are among the governing bodies that will be moving.

The move will also enable us to save a considerable sum in rental as our office accommodation will effectively be rent-free, with some contribution to shared management charges and any additional rental costs coming out of the current WIS 'in kind' budget.

So from 17th February our address will be:

Welsh Netball

The Welsh Institute of Sport, Sophia Gardens, Cardiff, CF11 9SW

We'll post the new telephone number on the website as and when it is confirmed. Email addresses and website address remain the same.

Contacting Welsh Netball

100%ME



You can phone us during normal office hours on 029 20 237 048
or contact us by email at welshnetball@welshnetball.com

GILBERT



Postal Address

33-35 Cathedral Road, Cardiff, CF11 9HB, Wales

If your area is not covered by the Development Officer give us a ring
or email us at the office and we'll try to point you in the right
direction.

powered by | [unsubscribe](#) | [forward](#) | [update profile](#)

This mailing system may only be used for sending permission based email.

If you did not give permission to receive emails from this sender, [please notify us](#).

This email was sent to merlehamilton@btinternet.com by welshnetball@welshnetball.com | [Print / PDF version](#) | Read our [Privacy Policy](#).